

BORNEO SUP MARATHON 2026

Elite Performance Workshop

An Exclusive High-Performance SUP Masterclass – First Time Ever in Malaysia

We are proud to propose a world-class performance workshop led by Daniel Hasulyo, 2018 ISA SUP World Champion and one of the most respected names in Ultra Distance SUP Racing. With over a decade competing at the highest international level, Daniel brings elite race strategy, technical mastery, and endurance intelligence directly to Borneo SUP Marathon participants.

ATHLETE PROFILE – DANIEL HASULYO

- 2018 ISA SUP World Champion
- 10+ Years Competing at Elite International Level
- Ultra Distance & Endurance SUP Specialist
- Podium Finisher at Major International Marathon SUP Events
- International Coach Delivering Workshops Across Europe & Asia
- Known for Technical Precision, Tactical Racing Intelligence & Mental Strength Training

WORKSHOP DETAILS

Date: Friday, March 27th Location: The Pacific Sutera Hotel, Kota Kinabalu Maximum Capacity: 30 Participants (Premium Small Group Format) Course Fee: USD 70 per Person

MORNING WATER SESSION (Max 3 Hours)

- Paddle Efficiency & Stroke Optimization
- Base Postural Correction for Maximum Power Output
- Hydration & Fueling Strategies for Endurance Racing
- 8–10 km Supervised SUP Performance Session
- Real-Time Technique Adjustments & Individual Feedback
- Interactive Q&A;

AFTERNOON ENDURANCE SEMINAR & PERFORMANCE TRAINING (Max 2 Hours)

- Endurance SUP Strategy & Race Intelligence
- Mind & Body Control Under Fatigue
- Race-Day Tactics & Positioning Strategy
- Building a Strong Cardiovascular Engine for SUP Racing
- 5–7 km Performance Run
- Stretching & Recovery Protocols
- Final Wrap-Up & Pre-Race Confidence Building

This workshop elevates the Borneo SUP Marathon 2026 experience by delivering elite-level international expertise directly to participants. It enhances athlete readiness, strengthens event prestige, and positions the race as a platform that supports performance development — not just competition. A rare opportunity. A performance advantage. A legacy moment for Malaysian SUP.